

What are 4-H Cloverbuds?

4-H Cloverbuds are children who explore areas of healthy living, earth environment, citizenship, plants and animals, consumer skills, science and technology, personality development, and expressive arts.

The primary goal of the 4-H Cloverbud program is to promote children's healthy development - mentally, physically, socially and emotionally.

The 4-H Cloverbud program allows for and encourages creativity and play.

The 4-H Cloverbud program provides an excellent opportunity for your child to reach his or her highest potential because early life experiences, even subtle ones, affect future development.



The 4-H Cloverbud program is developmentally age appropriate, therefore it's:

- * fun
- * leader directed
- * activity based
- * non-competitive
- * success oriented
- * group-centered learning
- * many types of activities
- * positive

Pulaski County 4-H Cloverbud Clubs typically meets the third Monday of the month, 6:00-7:30pm, at the Pulaski County 4-H Office located next to Central Gym.

The Goals of Pulaski's 4-H Cloverbud Program Are for Children to Develop:

- 1) Self-understanding skills (self-esteem)
- 2) Social interaction skills (getting along with others)
- 3) Decision making skills
- 4) Learning skills (learning how to learn)
- 5) Mastering physical skills

Children possessing these life skills are less likely to have problems with drug use, school failure, delinquency, and depression later in life.

4-H is a **community** of **young people** across **America** who are learning **leadership, citizenship** and **life skills.**

Yes, Yes, Yes!

I would like to know more about:

[] My child joining a 4-H Cloverbud Club in Pulaski.

[] Becoming a 4-H Cloverbud Club Advisor or Volunteer.

Name: _____

Address: _____

Age: _____ Grade: _____

School: _____

Teacher's Name: _____

Parent Name (please print): _____

Phone: _____

Email: _____

Parent Signature: _____

Mailing Preference: Email
(please check one) Home Address

Please call or send this completed form to:

Pulaski County 4-H Cloverbud Club
Virginia Cooperative Extension –
Pulaski
143 Third Street, NW, Suite 3
Pulaski, VA 24301
(540)980-7761 (540)980-7769 (fax)
Email: clichty@vt.edu

**BEING A
CLOVERBUD
IS...FUN!**

HEAD
(learning)

HEART
(making friends)



HANDS
(doing)

HEALTH
(having fun)

For more information about
Pulaski County 4-H Cloverbud Club
please contact:

Chris Lichty, 4-H Extension Agent
clichty@vt.edu

Cynthia Hurst, 4-H Program Assistant
cyhurst@vt.edu

540.980.7761 540.980.7769 (fax)



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**Pulaski
County
4-H Cloverbud
Program**



A 4-H Program for boys and girls,
ages 5-8, designed to give them
an introduction to 4-H through
special activities designed for
their interest and learning levels.